



Panther Cheer Athletics

Panther Pride—earn it...show it... own it

2011 SPRING POWER CHEER PROGRAM

Is your child looking to try something new and learn new skills...

Does your child enjoy dancing and performing for friends and family...

Do you want your child to be challenged in a positive & caring environment...

Do you value teamwork and teaching your child to work as part of a group to a common goal...

...THEN POWER CHEER MAY BE THE PERFECT FIT FOR YOUR CHILD!

WHAT IS POWER CHEER?

Cheer has evolved from a school based support activity to a year-round **COMPETITIVE SPORT**. No longer simply a form of side-line entertainment, Power Cheer is now recognized as a viable athletic event in and of itself. Power Cheer involves gymnastics, dance, jumps, stunts and other skills choreographed to music in a 2.5 minute routine. At Panther Cheer Athletics, many of our teams work towards competing at local, Provincial, National and International all-star competitions. We also offer non-competitive cheer & tumbling programs that focus on teaching the basic skills and techniques of Power Cheer. Athletes in these programs are offered the opportunity to showcase their skills at local venues, events and program wide performances.

Participating in power cheer provides kids with a myriad of benefits.

1. **EXERCISE**—Cheer is a physically challenging and demanding workout that develops strength, power, flexibility and endurance.
2. **SELF-CONFIDENCE**—Cheer is the ultimate team sport in which every member of the team is vital to it's success. Through their success in the gym and at competitions, athletes develop the skills and self-confidence that help them in all other areas of their lives. Shy children learn to find their voice and assert themselves while developing friendships that are meaningful, supportive and genuine.
3. **CONCENTRATION**—Cheer routines require focus and determination. Athletes must put their full attention on the task at hand to ensure success.
4. **PATIENCE & PERSISTANCE**—Cheer routines do not come together overnight. It take time, patience, hard work and persistence to put a winning routine in front of the judges. All the team members must work together over an extended period of time to master their skills and routines in order to make this happen.
5. **FUN**—Cheer is fun! All the coaches work towards creating lasting memories and experiences for their athletes by creating a caring, warm and supportive environment in which each athlete feels valued for their contribution to the team.

OUR SPRING SESSION IS THE PERFECT TIME TO TRY THE POWER CHEER PROGRAM!

Register your child to join in with our current competitive athletes in their skill building/off-season and see if the competitive program is right for them. Spring session runs from April 11th—June 26th 2011.

REGISTER ONLINE AT WWW.PANTHERCHEERATHLETICS.COM

OR CALL 778-297-8437

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PRACTICE SCHEDULE:

Please find below the SPRING 2011 practice schedule for our Power Cheer programs. Practices start the week of April 11th, 2011 and end June 26th, 2011. *Classes cancelled: April 24th & 25th (Easter) and May 22 & 23rd (Victoria Day long weekend)*

****Please note that practices may be cancelled due to weather or unforeseen circumstances at the discretion of the directors. These practices will be rescheduled as time and scheduling permits.**

TUITION & EXPENSES:

Payment is due upon registration.

Payment Options:

Option #1: Full tuition and membership fee paid in full by 1st class.

Option #2: Payment plan—We allow families to split the tuition cost up over equal payments (May/June). The membership fee will be added to the 1st months tuition.

CANCELLATION & REFUND POLICIES:

- Family plan discount—We are pleased to offer families with more than one child in the Panther family a 10% discount of EACH child's tuition
- Membership fee is non-refundable.
- Acceptable methods of payment are VISA, MasterCard, Debit, cheque or cash.
- Cheques are made payable to Panther Cheer Athletics.
- There will be a \$25 fee for returned cheques, due immediately.
- Classes will run pending registration. If cancellation is required, you will be notified by PCA and tuition fees will be fully refunded.
- Athletes in any program are expected to be emotionally and socially capable of conducting themselves appropriately with their peers and coaches and to actively participate in all the program activities. Athletes who do not demonstrate these abilities may be asked to withdraw from the program.
- We reserve the right to cancel or decline a registration at any time.
- If a member withdraws before the 1st day of class, 80% of the tuition will be refunded.
- If a member withdraws after the 1st day of class, 80% of the pro-rated balance will be refunded. No refunds will be granted after the 3rd class.
- Classes missed due to vacation or time off will not be pro-rated.
- All requests for refunds must be made in writing to info@panthercheerathletics.com before they can be processed.
- All sales final on Panther Cheer Athletics uniforms, clothing, shoes and accessories.
- There are absolutely no exceptions to these policies.



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SPRING POWER CHEER REGISTRATION FORM

Athlete's name

Parent(s) Name(s)

Athlete's age & Birth date

Parent's home phone # Parent's cell phone #

Athlete's email

Parent(s) email(s)

Address

Emergency contact name and relationship

City, Postal code

Emergency contact phone number

Athlete's Care Card Number

Other sibling(s) in the program

PLEASE CHECK OFF APPROPRIATE ITEMS—all ages as of Aug 31, 2011

SPRING POWER CHEER CLASS FEES (Classes start week of April 11th and end June 26th)

- | | | |
|----------------------------------|-------|--|
| TINY (3–5yrs old) | \$160 | <input type="checkbox"/> Sundays 1–2pm & Thursdays 5–6pm |
| MINI (6–8 yrs old) | \$240 | <input type="checkbox"/> Sundays 1–2:30pm & Thursdays 5–6:30pm |
| JR BEG/INT (6–14 yrs old) | \$150 | <input type="checkbox"/> Mondays 6–8pm **once a week only** |
| JR ADVANCED (6–14 yrs) | \$350 | <input type="checkbox"/> Sundays 4–6pm & Tuesdays 6–8pm |
| SR BEG/INT (12–18 yrs) | \$320 | <input type="checkbox"/> Sundays 6–8pm & Wednesdays 6–8pm |
| SR ADVANCED (12–18 yrs) | \$350 | <input type="checkbox"/> Tuesdays 5–7pm & Thursdays 6–8pm |

ALL NEW MEMBERS Insurance fee (valid until Aug 31st 2011) **\$30**

Payment Information:

Date: _____ Amount Paid: _____

Payment Type: cash cheque # _____ Debit

VISA MasterCard

CC #: _____ Expiry Date: _____

CLASS FEE _____
(10% Sibling discount): _____
Membership fee: _____
SUBTOTAL _____
12% HST= _____
TOTAL DUE: _____

Panther Cheer Athletics Consent & Waiver Form

In regards to my child(ren) participating in the Panther Cheer Athletics program(s), I waive any and all claims I may have against and release all liability and agree not to sue Panther Cheer Athletics, Stephanie Kennedy, Dawn Silver, Panther Cheer Athletics employees, agents or volunteers for any personal injury, death, property damage or loss sustained as a result of my child's participation in the program, arising out of any cause whatsoever. I am aware of the usual risks and dangers inherent in participation in all of the activities associated with the Panther Cheer Athletics Program and the possibility of injury, death, property damage or loss resulting from the activities.

It is my responsibility to ensure that my child is wearing suitable clothing during participation in all activities associated with the program: team t-shirts, shorts and cheer shoes for practices and uniform and other items deemed necessary by the coaches. This includes braces and/or athletic equipment that an athlete may be required to wear in order to participate.

My child and I have read and understand the Panther Cheer Athletics rules & regulations that apply at all times and are in place as safety protection measures. I understand that I must report any and all injuries to my Coach(es) no matter how insignificant they may appear and/or whether or not they were a result of participation with Panther Cheer Athletics.

Accidents can be a result of the nature of the activity and can occur with or without any fault on either part of the athlete or Panther Cheer Athletics, its employees, agents, volunteers or the facility where the activity is taking place. By allowing my daughter/son to participate, I am accepting the risk of an accident occurring and agree that the activities carried out in the course of a cheerleading club are suitable for my child.

Panther Cheer Athletics Rules & Regulations:

Athletes must come prepared for class and arrive on time.

Athletes are asked to wait for their class to commence before going on the floor or any equipment.

No use of equipment is permitted unless under the supervision of their coach.

No food or beverages are to be consumed on the gym floor or training area. This includes chewing gum, candy and water.

No outside shoes can be worn in the gym and on any of the equipment. This includes the blue floors, trampoline or the fast track.

No parents or siblings are allowed on the gym floor or equipment without the coach's permission.

All injuries must be reported to your Coach immediately no matter how insignificant the injury seems and/or whether or not it is cheer-related.

Cheerleaders must wear appropriate clothing to the gym and hair must be tied back and away from the eyes.

Once athletes receive team shorts and t-shirts, they will be worn at all practices to ensure uniformity.

Absolutely NO jewelry may be worn to practices. Please do not bring these items to the gym. PCA is not responsible for any lost or stolen articles.

Athletes' names and/or pictures may be featured on our Panther Cheer Athletics Website. By signing this policy form, you give permission for PCA to use their picture and/or likeness and/or name on public documents like newsletters and websites.

In signing this Consent and Waiver, I am not relying on any oral or written representation or statements made by Panther Cheer Athletics, its servants, agents, employees or authorized volunteers to induce me to permit my child to take part, other than set out in the Consent and Waiver. I am 19 years of age or older and have read and understood the terms of this Consent and Waiver and understand that it is binding upon me, my heirs, executors and administrators.

ATHLETE'S NAME _____

PARENT'S NAME (please print) _____

PARENT'S SIGNATURE _____ DATE _____

**BC CHEERLEADING ASSOCIATION
PARTICIPANT'S INFORMED CONSENT FORM (Under 18)
PLEASE READ CAREFULLY**

Risk:

I _____ give my consent for my child _____
(Parent's Name) (Child's Name)

to participate in cheerleading which may result in personal injury (including but not limited to: injury to bones, joints, ligaments, muscles, tendons, internal organs, and other aspects of the skeletal system and potential impairment to other aspects of the body, and in rare occurrences, death, complete or partial paralysis or brain damage) and property damage or loss. The definition of participating in a cheerleading program includes but is not limited to: it is an activity that uses organized routines made up of elements from stunting, gymnastics & dance to cheer on sports teams at games and matches or as a competitive sport. I fully understand these risks and give my son / daughter permission to participate in a cheerleading program.

Rules:

I understand that the rules and regulations are designed for the safety and protection of participants and hereby agree to inform my son/daughter of the importance of abiding by the rules and regulations set down by the club/team I am training with and the BC Cheerleading Association rules & regulations.

Media Release:

I hereby grant to the BC Cheerleading Association the right to use, without payment of any fee or charge, any written information, photograph, video tape or other visual media of my son / daughter taken during a BC Cheerleading Association sanctioned event for the purpose of furthering BC Cheerleading Associations objectives.

I, as the parent/guardian of the participant named herein, hereby declare that I have read, understood and agree to the contents of this Informed Consent in its entirety.

I, as the parent/guardian of the participant named herein, agree to assume full responsibility to instruct my child of the risks involved and to inform him / her of the importance of abiding by the rules and regulations.

Date: _____

Participant Name: _____

Club/Team Name: _____

Signature of parent / guardian: _____

Signature of Witness: _____